Sometimes a behavior can occur that is spontaneous and unpredictable and poses a clear and present danger. This might be a danger to the student or others or something that results in serious property damage. When this happens, school staff may use emergency interventions. This may include trained staff using physical interventions. Staff who use these interventions must be properly trained.

Numerous physical interventions may be used as a last resort including “child control position,” “transport position and “prone containment.” Physical interventions are to be used only for the time needed to address the emergency. There are behavior interventions used by school staff other than physical restraint. If you have questions about the use of physical restraints, request an IEP meeting to discuss these other options, and what needs to be done to train staff in alternative interventions.

**Behavior Interventions cannot**
- Inflict pain or trauma, including emotional trauma
- Subject the student to verbal abuse, ridicule or humiliation
- Deny adequate sleep, food, water, shelter, bedding, comfort or access to bathroom facilities
- Involve release of toxic or unpleasant sprays near a student’s face
- Involve locked seclusion unless the facility is authorized by state law to use a locked room.
- Include any device that immobilizes all four extremities also is not allowed.

When there has been an emergency intervention or if serious property damage has occurred, the parent must be notified within one school day and a behavioral emergency report must be filed. Parents can request a copy of this report. If the student does not have a Behavior Intervention Plan (BIP), an IEP meeting must be scheduled within two days to review the Behavior Emergency Report and decide what next steps are needed. If the student has a BIP, the IEP Team must review and modify the BIP if the serious behavior is new or if existing behavior interventions have not worked.

If you feel you need assistance with a serious situation, the EPU staff can assist and make referrals.

KEY POINT: Education code provides that emergency interventions shall not be used as a substitute for a Behavior Intervention Plan.