

The roadmap to care and services



4440 N. First St. Fresno, CA 93726 (559) 229-2000 TOLLFREE: (844) 445-0305 www.epuchildren.org



Easy access to records

Learn more about your child

Clear understanding of disability / needs / goals

Paper Trail / Protect rights





More effective advocacy

Increased confidence / feel empowered

Gain credibility

Lower stress





Decide on a system that works best for you:



Binder





File

Digital





Combination



Digital Record Keeping

As technology advances electronic records are a great way to back up hard copies

Digital records may not be considered "official" so it is recommended to maintain paper records as well.



Digital Record Keeping

- Can save space, reduce clutter
- Can store online, in a computer, on a CD, or flashdrive
- Can access all records from anywhere
- Can share documents with professionals easily.
- Can "search" documents for specific words
- Can take meeting notes on laptop or tablet



Getting Started

- Assemble records you currently have
- Decide what will go in the binder
- Decide how to organize/store the rest
- Request records not in possession





What documents should you keep?

- Information on your child
- Contacts / Communications log / correspondence
- Evaluations / consent forms
- Regional Center information
- Early intervention information
- Medical / Insurance information
- Information on other agencies serving your child
- Outside therapies
- Release of information forms



Requesting records

- You have the right to review and request records and other information about your child.
- Request in writing and make a copy for your records.
- Expect to receive notice about your rights and how to access records.
- Protects privacy by limiting access to records without parent consent



Optional records to keep:

- Information on disability
- Legal information
- DME
- Assistive Technology
- Person Centered Plan
- Child care
- School records
- More...?





Binder Organization: Important Elements

- Binder / Cover
- Index
- Tabs
 - Child information
 - Communication/Contacts
 - Evaluations
 - Regional Center
 - Early Intervention
 - Medical
- Pockets
 - Notes / Free space to put papers to file

- Supply pouch
 - Pens / pencils / highlighter
 - Sticky notes
 - Power cord
 - Hole punch
 - Section tabs
 - Flash drive / CDs
 - Extra clips



Child Information

- Birth Certificate (copy)
- ID cards
- Medical cards
- Other





Communication

Contact list

Communication log

 Correspondence (Letters / email)

Business card holder





Evaluations

- Request and/or referral for evaluation
- Assessment plans / Evaluation consent

Evaluations





Regional Center

- IFSP
- Center information
- Docs other than IFSP





Early Intervention

Agency Information

Intervention docs





Medical

- Medical Reports from Primary Care or Specialists
- Summary of visits
- Test results (x-ray, lab, etc.)





Optional Additional Tabs

- Create a Tab for each additional agency your child is connected with
- Therapies (Speech, OT, PT, etc.)
- Disability Specific FAQ sheets/info
- Legal information guardianship, etc.
- DME Durable Medical Equipment and Assistive Technology
- Person Centered Plan or One Page Profile
- Child care





Free space to put documents that need filing

Calendar

Notes





Purge

 Go through binder to review periodically and update as needed.

 Move older documents to permanent storage (box, file cabinet) or create a new binder as needed.

• Err on the side of caution when deciding to discard anything



Helpful Tips!

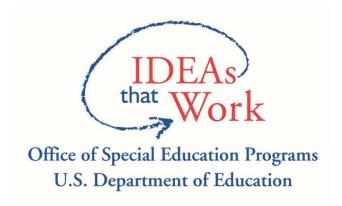
- Put most current records on top of each section
- Mark dates on documents lightly with pencil
- Save originals for making additional copies
- Duplicates are not always what they seem!
- Make copies of all correspondence, forms, etc.



More Helpful Tips!

- Stick to organizing, do not stop and read all documents
- Consider scanning all documents
- Hole punch carefully. Use sheet protectors when necessary for important documents
- Clip large reports to hold together
- Can run into organization issues where to store certain documents. Make a plan and stick with it!





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