The journey of your child’s early years includes many developmental milestones for how he or she plays. To learn what to look for in your child, talk with your child’s doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

If you have concerns about your child’s development and live within Fresno, Kings, Madera, Mariposa, Merced, or Tulare counties, here is who you can call for further support:

Central Valley Regional Center
- Fresno Office (559) 276-4300
- Visalia Office (559) 738-2200
- Merced Office (209) 723-4245
- www.cvrc.org

Family Resource Centers
- Fresno County -
  - Clovis Unified FRC (Clovis Unified residents only)
    (559) 327-8455 • www.tinyurl.com/lovisfrpcpage
  - Exceptional Parents Unlimited
    (559) 229-2000- www.epuchildren.org
- Clovis Unified Grow Fresno County
  1 (866) 543-7464 • www.helpmegrow.fcoe.org

- Kings County -
  - UCP (United Cerebral Palsy) of Central California
    559-584-1551 • ucppcc.org
- Merced County -
  - Early Start Family Resource Center (559) 662-4844
- Mariposa County -
  - Mariposa Family Resource Center (209) 966-6299
- Merced County -
  - CHALLENGED Family Resource Center
    (209) 385-5314 • challengedfrc.org
  - Children’s Roundtable
    (209) 381-6665 • roundtable@mcoe.org
- Tulare County -
  - Parenting Network Inc.
    (559) 625-0384 • parentingnetwork.org

Special Education Local Plan Areas (SELPA)
- Clovis Unified SELPA
  (559) 327-9400 • https://www.cusd.com/
  SpecialEducation.aspx
- Fresno County SELPA
  (559) 497-3880 • selpa.fcoe.org/
- Fresno Unified SELPA
  (559) 457-3220 • fresnounified.org/dept/specialeducation
- Kings County SELPA
  (559) 589-2650 • kings.k12.ca.us/SELPA/default.aspx
- Madera-Mariposa SELPA
  (559) 662-4665 • www.maderacoe.k12.ca.us/student_programs
- Merced County SELPA
  (559) 381-6711 • mcoe.org/deptprog/SPED/Pages/SELPA.aspx
  Tulare County SELPA
  (559) 730-2910 x 5125
  tcoe.org/Special/ChildFind.shtm

Learn the Signs. Act Early.

For parents of children from birth to 5 years

This brochure developed and provided by

C.A.P.T.A.I.N.
California Autism Professional Training and Information Network

www.captain.ca.gov
Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.

6 MONTHS

- Copies sounds
- Begins to sit without support
- Likes to play with others, especially parents
- Responds to own name
- Strings vowels together when babbling ("ah," "eh," "oh")

12 MONTHS (1 YEAR)

- Uses simple gestures such as shaking head for "no" or waving "bye bye"
- Copies gestures
- Responds to simple spoken requests

6 MONTHS

- Responds to

12 MONTHS (1 YEAR)

- Plays simple pretend, such as feeding a doll
- Points to show others something interesting

18 MONTHS (1 1/2 YEARS)

- Says "mama" and "dada"
- Pulls up to stand

2 YEARS

- Follows simple instructions
- Kicks a ball
- Points to things or pictures when they're named

3 YEARS

- Copies adults and friends (like running when other children run)
- Carries on a conversation using 2 to 3 sentences
- Plays make-believe with dolls, animals and people
- Shows affection for friends without prompting
- Hops and stands on one foot for up to 2 seconds
- Would rather play with other children than alone
- Tells stories
- Draws a person with 2 to 4 body parts
- Plays cooperatively

These are just a few of many important milestones to look for. For more complete checklists by age visit www.cdc.gov/ActEarly or call 1-800-CDC-INFO.

Developmental milestones adapted from Caring for Your Baby and Young Child: Birth to Age 5 (AAP, 2009) and Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents (AAP, 2008).