



Parent Training & Information

TRANSITION WORKSHEET

Student's Name: _____ Student's Age: _____

*Parent: This worksheet is to help you with planning for your student's transition to adulthood.
Please check the boxes that apply to you at this time.*

I understand my student's diagnosis.

Independent Living

My student is able to:

- make appointments consent to medical care/treatments
- manage medications get refills of medications

As an adult, my child will live with:

- self parents group home campus/dormitory
- other family members other:

My child is able to:

- advocate for self care for his/her personal needs

Transportation will be provided by:

- self public transportation agencies family members

Transportation will be provided for:

- shopping school recreation work appointments

Education

- I know my student's interests, skills, strengths
- I know my students goals on the transition plan.
- I understand my student's educational rights (504, IDEA, ADA)
- I am happy with the services my child is receiving

Financial

My student can manage

- paying bills credit card checking account
- savings account budget financial decisions

The contents of this resource were developed under a grant from the U.S. Department of Education, #H328M200055.
However, those contents do not necessarily represent the policy of the U.S. Department of Education, and you should not assume endorsement by the Federal Government.





Parent Training & Information

TRANSITION WORKSHEET

Employment/Vocational

My student has prepared for work by:

- household chores
- part-time job
- work-study program
- job shadowing
- volunteering
- odd jobs

After my child finishes school, he/she will participate in:

- full time employment
- apprenticeships
- continuing education
- part-time employment
- supported employment
- sheltered workshop

Social/Recreational

For fun, my student enjoys: _____

My student has the social skills to:

- request assistance
- talk on the phone
- plan an event
- place an order
- make a complaint
- be interviewed

My student knows the right way to relate to:

- an employer
- peers
- significant other
- friends
- clerk
- strangers
- teacher

My student is prepared for a family of his/her own.

Information I would like to have/areas I need to research:

- insurance
- independent living
- vocational rehab
- Medicaid
- transportation
- college disability support services
- SSI
- school
- Social/Recreational

The contents of this resource were developed under a grant from the U.S. Department of Education, #H328M200055.

However, those contents do not necessarily represent the policy of the U.S. Department of Education, and you should not assume endorsement by the Federal Government.

