Parent: This worksheet is to help you with planning for your student’s transition to adulthood. Please check the boxes that apply to you at this time.

- ☐ I understand my student’s diagnosis.

**Independent Living**
My student is able to:
- ☐ make appointments ☐ consent to medical care/treatments
- ☐ manage medications ☐ get refills of medications

As an adult, my child will live with:
- ☐ self ☐ parents ☐ group home ☐ campus/dormitory
- ☐ other family members ☐ other:

My child is able to:
- ☐ advocate for self ☐ care for his/her personal needs

Transportation will be provided by:
- ☐ self ☐ public transportation ☐ agencies ☐ family members

Transportation will be provided for:
- ☐ shopping ☐ school ☐ recreation ☐ work ☐ appointments

**Education**
- ☐ I know my student’s interests, skills, strengths
- ☐ I know my student’s goals on the transition plan.
- ☐ I understand my student’s educational rights (504, IDEA, ADA)
- ☐ I am happy with the services my child is receiving

**Financial**
My student can manage
- ☐ paying bills ☐ credit card ☐ checking account
- ☐ savings account ☐ budget ☐ financial decisions

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Employment/Vocational
My student has prepared for work by:
☐ household chores ☐ part-time job ☐ work-study program
☐ job shadowing ☐ volunteering ☐ odd jobs

After my child finishes school, he/she will participate in:
☐ full time employment ☐ apprenticeships ☐ continuing education
☐ part-time employment ☐ supported employment ☐ sheltered workshop

Social/Recreational
For fun, my student enjoys: ________________________________________________
________________________________________________________________________
________________________________________________________________________

My student has the social skills to:
☐ request assistance ☐ talk on the phone ☐ plan an event
☐ place an order ☐ make a complaint ☐ be interviewed

My student knows the right way to relate to:
☐ an employer ☐ peers ☐ significant other
☐ friends ☐ clerk ☐ strangers ☐ teacher

☐ My student is prepared for a family of his/her own.

Information I would like to have/areas I need to research:
☐ insurance ☐ independent living ☐ vocational rehab ☐ Medicaid
☐ transportation ☐ college disability support services ☐ SSI
☐ school ☐ Social/Recreational